



# WHAT TO BRING LIST

## FAMILY CAMP

YMCA Camp Ocoee

### Preparation for Your Group Camping Experience:

We recommend utilizing the following suggestions to prepare yourself for your experience for family camp at YMCA Camp Ocoee.

- Start thinking about some individual and group goals that you would like to accomplish during your week
- Please contact the YMCA Camp Ocoee office to relay any important health and wellness information (medical and special dietary information on your participants that we need to be aware of)
- Pray & read your Bible – let God help you develop a spiritual goal for your experience

### What Camp Will Provide:

- Meals
- Personal Floating Devices (lifejackets)
- Guides to lead you through your activities
- Activities including archery, BBs, climbing tower, high ropes, water skiing & paintball (sign ups only), swimming, banana boat, waterslide, keowees and canoes, and campfire activities.

### What YOU Need to Bring:

- Light & layered clothing, including
  - Comfortable shorts
  - Long pants in case of colder weather
  - Breathable shirts for hiking and day use
  - Long sleeved shirt and/or light fleece jacket for colder weather
  - Swimsuit (one piece swimsuits preferably for women)
- Hat
- Sunscreen & Bug Spray (if desired)
- Rain gear (pants, jacket, poncho)
- Sleeping bag/linens for appropriate size bed
- Towels
- Comfortable walking shoes and sandals
- Pillow
- Medications\*\*
- Bible
- Small Notebook & pencil
- Toiletries (toothpaste, deodorant etc.)

\*\* All medications must be supervised by an adult and be stored in a sealed child-proof container in your cabin.

### Recommended But Optional Items:

- Camera
- Camp chair (Crazy Creek)
- Daypack
- Sunglasses
- Walking stick
- Daily snack items
- Money for camp store items
- Personal activity supplies (bows, paintball marker, kayaks, boats etc.)
- Musical instruments

### What NOT to Bring:

- Personal music devices (cd players, iPods etc.)
- Alcoholic beverages
- Tobacco products
- Knives, guns or other weapons
- PETS!

\*\*NOTE: Please **LABEL** all personal items with your name and phone number